

ST PAUL LUTHERAN CHURCH

Maryville, TN

THE GOOD NEWS

November 2019 Edition



GREETINGS FROM RACHEL

Grace to you, St. Paul Lutheran Church, and peace from God our Father and Lord Jesus Christ.

I have begun my second year of pastoral internship with Bethany Lutheran Church in the Denver area. I am so excited to begin this second year, in part because I have a better perspective on how things typically work here at Bethany, and also because I am experiencing an *abundance* of leadership opportunities. I led my first funeral *completely on my own* (which I have to admit, felt like a big deal as an intern) on September 7, and learned so much about what it feels like to walk with a family from start to finish during the process of planning a memorial service. I felt so honored to be part of their journey, and to sit with the family in their grief. I loved hearing all of their special memories centered around their mother, and finding a way to knit their stories together into a homily worthy of the occasion. My husband, Ethan, whom many of you probably know, was also able to lend his singing talents for the service, and it was such a joy to serve in such a capacity with him by my side.



Continued on the back

Worship Times

Sunday Morning
8:00 am & 10:30 am

Sunday School
9:15am

Contact Us

Pastor: *The Rev. Rick Ohsiek*

Phone: 865-982-4285

Fax: 865-977-8070

Email: splchurch@bellsouth.net

Web: www.stpaulmaryville.org

Church Office Hours:

Mon-Thurs 8:30am-5:00pm



PASTOR AND CHURCH COUNCIL

A Message from Pastor Rick:



While we set aside one day each year to celebrate and remember how we have been blessed, practicing thankfulness should be something we do on more than just one Thursday in November.

Remembering that God is the source of all that we have, here are some suggestions to help you practice an entire month (or more) of thankfulness.

Five-Day Gratitude Ritual

Each day of the week, do one of the following, and on the weekend, create an extended gratitude experience (while soaking in the tub, gardening, taking a long walk, etc)

"The feeling of gratitude opens the heart more than any other emotion except, perhaps, love. As we practice feeling gratitude, we expand our heart's capacity to experience and express love and joy." -Rachel Harris, Ph.D

- (1) **Monday:** complete this sentence, "Today, I am grateful for _____" and list at least five things. Start a gratitude journal, or find some way to keep the lists together. They will be great to pull out on bleak winter days. Do a mental version of this exercise when you first wake up in the morning. Notice if it seems to set the tone for the day. If you notice that you felt better (happier?) during the day, try it as you are falling asleep.
- (2) **Tuesday:** Try this brief meditation--decide for a few minutes to think about everything in your life as a gift that will bless you in ways you can't even imagine. In fact, consider the idea that everything you experience is actually designed to bring you closer to God. Ask yourself what gift is hiding behind a challenge you face. And write your insight in your journal! You may need to re-read that insight often.
- (3) **Wednesday:** in your gratitude journal, write about someone special to you. Express your gratitude for having this important person in your life. Try to think of several "gifts" he or she has brought into your life.
- (4) **Thursday:** spend time in nature (or bring it indoors if it is too cold), drinking deeply of this delight and taking note of everything you appreciate about it with all of your senses (like golden sunlight on the leaves, the songs of birds, etc).
- (5) **Friday:** share the gratitude with others. Send a note or email to someone you care about, thanking them for being a part of your life. Or, you might buy a journal for someone else, and write a note inside about what you find special about that person.

Give this a try for a least a week. My guess is that you will feel more blessed than ever before when you take time to realize how much God has blessed you.

Peace,
Pastor Rick

The St. Paul Church Council will meets monthly on the third Monday ~ 7:30pm

Herb Perry- President hpcp2@tds.net

Merl Krull – Vice President merlinkrull@gmail.com

Heather Wright– Secretary heatherlewright@gmail.com

Susan Ward– Treasurer - splctreasurer7@gmail.com

Rick Anger - angerrick@gmail.com

Kara Birdwell - karabirdwell@hotmail.com

Brooke Nowak - ballerinab183@hotmail.com



Church Council

Warren Bielenberg - web9272@msn.com

Beth Drane - Tenneliz2000@yahoo.com

David Silseth - drsilset@gmail.com

PASTOR AND CHURCH COUNCIL



A Message from the Council President

I encourage you to attend the

Annual Congregational Meeting November 17th. It is an opportunity to enjoy a Potluck Luncheon and fellowship with members from both services. Also, you will participate in making important congregational decisions including acceptance of a Spending Plan for 2020, and making changes in our Constitution & Bylaws. You also will elect three Church Council members, two Endowment Board members, and one Columbarium Committee member.

Thanks to our Nominating Committee (Shari Martin, Mary Nell Biehler, & Gene Frye) the nominees described below were contacted and presented to the Council for recommendation to the Congregation. Our Treasurer Susan Ward, will also be up for election for a second term.

Yours in Christ –*Herb Perry*



Potluck Luncheon begins immediately following the second service. Please bring a dish to share. The Fellowship Team will provide the meat.

CHURCH COUNCIL NOMINEES

Edward R. Martin

Ed Martin has been a member of St. Paul Lutheran Church since 2011. Ed served as the Church Treasurer for three years (2016-2018). Ed is an electrical engineer and works for Merrick and Company. Ed is married to Shari and they have two grown children. Ed enjoys being a member of the Bell Choir. Ed and Shari live in Harriman, Tennessee.

Teena Conrady

Teena has been a member of St. Paul Lutheran Church since 2003. Teena currently serves on the Membership Team and is also a member of both the Church and Bell Choir(s). Teena has four children; Alyssa, Hannah, Nathan, and Olivia. Teena is married to Chris Rundle and they live in Friendsville, TN.

Zach Gordon

Zach has been a member of St. Paul Lutheran Church since 2014. Zach is married to Kaia and they have three children, Roscoe; Oliver and Elanor. Zach works for K12 an online education organization. He and his family live in Maryville, TN

ENDOWMENT COMMITTEE NOMINEES

John Beck

John has been a member of St. Paul Lutheran Church since 2009. John is currently serving as the Chairman of the Endowment Committee. John also serves on the Archives, Capital Campaign Committee, is an usher and a teller. John is married to Jean and they live in Maryville, Tennessee.

Brian Kaufman

Brian has been a member of St. Paul Lutheran Church since 2005. Brian is married to Darla Kaufman. Brian and Darla have three grown children, Rachel,

Michael, and Emily. Brian is currently a teacher at William Blount High School. Brian and Darla live in Maryville, Tennessee.

COLUMBARIUM COMMITTEE NOMINEE

Ann Hall

Ann has been a member of St. Paul Lutheran Church since 2001. Ann is married to James Hall. Ann has served on the Archive Committee and Altar Guild. Ann has two grown children, Nancy (a pharmacist in Maryville) and David (an engineer in Delaware). Ann serves as Lector, and enjoys participating in SPAM activities with her husband. Ann and Jim live in Alcoa, Tennessee.



November 14th ~ 7:00pm

Tony Abuaita from Good Shepherd Travel will be at St. Paul to discuss the planned February 2021 trip led by Pastor Rick.

If you are at all interested, please come to receive information and ask questions.

No commitment is required until January 2020.

If you would like more information or a brochure, please ask Pastor Rick or check out this website:

[11 Days Life Changing Journey to the Holy Land from Knoxville, TN - February 05 - 15, 2021 - Pr. Rick Ohsiek.](#)

DISCIPLESHIP

Volunteer Needed- Coordinator



Dinner Church

Wednesday's @ 6

All Are Welcome

For a meal and
Worship/Holy
Communion

Mid-week Recharge

Relax, let us do the cooking, so you can sit down with your family and enjoy a meal together after a busy day of work and school.

Renew, take time to remember who you are, a Beloved child of God, through scripture, song, prayer, and communion

**Wednesday November
6th, 13, & 20th
6:00pm**

Give Thanks!

PARISH LIFE

Barb Miller - Coordinator



The Convention of the Southeastern Synod Women of the ELCA was held the weekend of September 20th. Four women from our congregation participated. Please congratulate Beth Drane in her new role at vice president Of SES-WELCA. Also Beth was voted to be a representative at the Triennial Convention in Phoenix Arizona, July 2020.



SPAM Adults 55+

SPAM Outing November Program

Tuesday, November 19th

American Museum of Science and Energy and Big Ed's Pizza. Meet at St. Paul at 10:00am or the museum at 11:30.

Friday, December 6: Dinner at O'Charley's (5:00) and the "Messiah" at the Clayton Center (8:00). Cost for the concert is \$20.

Signup sheets for both events are on the bulletin board outside the kitchen.

SENIOR HEALTH Program

**Thursday November 7th
7:00pm** in the fellowship hall.

Everyone one is invited to come and listen to Edward Harper from Blount Memorial Hospital present a program on senior health. Edward is director of Senior Health Services at the hospital and an excellent speaker and story teller. Come and enjoy this program, some refreshments and fellowship on the 7th at 7:00. Hosted by the St. Paul men's group. Tom Sims
tom0884@att.net

LUTHERAN
MEN'S MISSION

**DAYS FOR
GIRLS**

**Nov 6th
2:00pm**

We are making good progress on our next set of kits. Please bring a sewing machine if you can, or we need non-sewers to trim and press. Non-sewers should bring a scissors. Please join in this worthwhile project.

WELCA MEETING

November 11th NOON

All ladies of the church are invited to attend! The meeting will be at Elaine Fisher's house; bring a bag lunch, drinks and dessert will be provided. Contact Elaine for directions. 865-607-7391

SERVING

Volunteer Needed - Coordinator

Habitat for Humanity Faith Build

St Paul Lutheran is one of 10 churches that are participating in the HFH Faith Build this fall. You can support this worthwhile project through monetary donations or by volunteering during the build. The foundations have been completed and the build will begin soon. Watch the Weekly Enews for more information about the start date and wall-up date. Monetary donations can be placed in the offering plate marking them for HFH Faith Build.

Contact Warren Bielenberg 681-7884 or Pastor Rick if you have questions about Habitat for Humanity and the Faith Build.



Blount County
Habitat
for Humanity®

MULTI-FAITH THANKSGIVING SERVICE

Theme: Gathering in Thankfulness — All God's Children

A devotional program of songs and selections from the world's religions and spiritual traditions

This service promotes the oneness of the human family and the nobility of the human spirit.

November 24, 2019, 3:00 p.m.

Blount County Public Library

508 N. Cusisk St., Maryville

For more information contact: ramaloha@hotmail.com

Sponsored by the Blount County Ecumenical Action Council



Christ caring for people through people

**STEPHEN
MINISTRY**

It seems that our congregation is going through a period of time where many are hurting. It may be a cancer diagnosis, surgery, serving as a caregiver to an ailing spouse, or suffering the loss of a loved one. In a perfect world, each of these would have a Stephen Minister to help walk through this journey.

A Stephen Minister comes alongside a hurting person and meets with that person on a weekly basis to listen, care, encourage, pray, and provide emotional and spiritual support. Men are paired with men; women with women.

Our Stephen Ministry program is less than a year old, with five consecrated caregivers. We can't cover all the needs in our congregation.

Sometime next year, we will consider another class to train more caregivers. Prayerfully consider whether God is calling you to serve in this way. Questions about what is involved? Talk to one of the current Stephen Ministers or to Pastor Rick.

THANKSGIVING BASKET COLLECTION

Begins Sunday, November 3rd thru November 20th

The Serving Ministry Team is collecting non-perishable items for our Thanksgiving Baskets which will be distributed to families in need in Blount County. We work with the Blount County school system to receive names. We have applied for a Thrivent Action Team Grant to purchase the turkeys and our Comfort Quilters are providing a quilt for each child in the family. Please leave items at the display in the Welcome Center.

Suggested non-perishable food items include: ♦ Rice, ♦ Canned Beans, ♦ Macaroni and Cheese Mixes, ♦ Canned Fruits, ♦ Canned Cranberry Sauce, ♦ Applesauce, ♦ Green Beans, ♦ Corn, ♦ Peanut Butter & Jelly, ♦ Oatmeal ♦ Boxed Stuffing, ♦ Gravy Mix.



ST PAUL LUTHERAN CHURCH WORSHIP ASSISTANT SCHEDULE
Note: If you are unable to serve when scheduled, please find a replacement for that Sunday.

Duties	November 3		November 10		November 17		November 24	
	8 a.m.	10:30 a.m.	8 a.m.	10:30 a.m.	8 a.m.	10:30 a.m.	8 a.m.	10:30 a.m.
Assistant Minister	Warren Bielenberg	Art Hafner	Carolyn Speck	Susan Ward	Jean Beck	Carolyn Speck	Joel Searfoss	Marsha Bryant
Communion Assistants	Jackie Kreider Carolyn Speck	Shari Martin	Warren Bielenberg Loda Wylie	Merl Krull	Betty Ludwig Nan Wylie	Gail Hafner	Marianne Searfoss Steve Zrioka	Art Hafner
Lector	Carolyn Speck	Elizabeth Anger	Will Ludwig	Shari Martin	Betty Ludwig	Lyla Lindquist	Marianne Searfoss	Brooke Novak
Ushers		John Beck Bob Ullom Linda Ullom		Tom Sims René Zimmer James McMillion		John Beck Robert Bryant Katherine Johnson		Tom Sims Bob Ullom Linda Ullom
Altar Guild	Suzanne Bielenberg	Kris Zimmer	Jackie Kreider	Alyssa Rundle	Betty Ludwig	Teena Conrady	Linda Zrioka	Carolyn Speck
Acolyte/ Crucifer		Kajler McMillion		Hannah Rundle		Nathan Rundle		Kajler McMillion
Nursery		Kara Birdwell Alyssa Rundle		Jody Ohsiek Noah Ohsiek		Deb Johnson Drew Ohsiek		Judy Krull Hannah Rundle
Greeters	Joel and Marianne Searfoss	Anna Judway	Mary Nell Biehler	Suzette Stauffer	Will and Betty Ludwig	Denny and Alice Mansmith	Steve and Linda Zrioka	Herb and Carol Perry
Sound Room	Greg Caldwell	Tom Sims	Will Ludwig	Bob Block	Joel Searfoss	Noah Ohsiek	Paul Rogers	Bob Block
Tellers		Tom Sims David Silseth		Jan Hanes Will Ludwig		Tom Sims David Silseth		John Walker
Torch Bearers	Beth Drane Shari Martin	Elaine Fisher Art Hafner					Jan Hanes Steve Zrioka	Elaine Fisher Art Hafner
Flowers	Marsha Wynn Memory of Margaret Christenson				Elizabeth Runkle Honor of Jennifer		James and Carla McMillion Anniversary	

FELLOWSHIP

Dorian Caldwell - Coordinator



10:30 Service Fellowship Teams

Each team is responsible for providing cookies or donuts, setting up and cleaning up the

Fellowship time after the 10:30 service.

Contact Jacqueline Conzemius for more information.

November 3	Tom & Anne Sims, Kris & Rene Zimmer
November 10	Merl & Judy Krull, Elizabeth & Rick Anger
November 17	Denise & Kara Birdwell, Elizabeth Runkle
November 24	Herb & Carol Perry, David & Ruth Silseth

NOVEMBER Birthdays & Anniversaries



November 1	Roscoe Gordon
November 3	Juanita Morrow
November 4	Shirley Lips
November 6	Henry Bell
November 7	Suzanne Bielenberg
November 7	Darla Kaufman
November 8	Ed Martin
November 12	Lane McGinnis
November 12	Linda Ullom

November 13	Will Ludwig
November 14	Shari Martin
November 14	Pat Howard
November 15	Tom Lindquist
November 17	Denice Birdwell
November 18	Heather Wright
November 18	Gabriel Wright
November 18	Emma Liner
November 18	Pat Codding
November 20	Bonnie Finn
November 21	Michael Nowak
November 22	Diana Carbon
November 23	James Watson
November 24	Chuck Munson
November 26	Al Hutchison
November 26	Jerry Glein
November 27	Drew Ohsiek
November 27	Noah Ohsiek
November 27	Winnie Johnson
November 29	Hunter Ogle

ANNIVERSARIES

November 7	Michael & Brooke Nowak
November 7	Kevin & Kathy Rokavec
November 12	Floyd & Winnie Johnson
November 12	Tom & Nancy Gill
November 17	Chris Rundle & Teena Conrady
November 20	Armando & Diana Carbon
November 20	Rachel & Ethan Patterson
November 28	Denny & Alice Mansmith
November 28	James & Carla McMillion



ST PAUL LUTHERAN CHURCH



429 Sandy Springs Road
Maryville, TN 37803

*Sharing Christ's Love
With the World*

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I have some exciting ministries and events coming to life in the next few months; my internship project, affectionately known as Bethany Embrace, is a team of “embracers” and “engagers” who welcome people into the church on

Sunday mornings, give tours of the building, and help new and active members find different ways to become involved at Bethany. It has taken off really well so far! My hope is that it continues to grow and that the importance of the ministry spreads to *all* members of the congregation, so that we can all be more hospitable and more inviting.

It reminds me of the genuine warmth of the members of St. Paul! Oh, how miss all of you!

This week I am assisting Pastor Nadia Bolz-Weber, who has written some humorous and lovely books on her journey to ministry and faith, in putting together a healing service for church leaders. It is a way to offer thanks to all rostered and lay leaders who make worship and “church” happen throughout the year.

I am also in the midst of planning an interfaith service on November 27th, which is Thanksgiving Eve, called “Faith and Feasting.” It is a night to honor the diversity of faiths represented in the Denver area and in our world, as well as to celebrate our unity to one another through interfaith worship and a meal with all of our favorite dishes brought together in a potluck feast.

There is such abundant joy here at Bethany Lutheran Church (our guiding theme for the year is Abundantly Bethany), and I feel so blessed at all the ways I can offer my gifts of ministry to this place. From writing a theme song for the church with our organist, to teaching youth and adults during education hour, I am so excited about all the ways that God is present and active here. I do miss all of you in Maryville, and I continue to pray for the way that God is blessing your ministries there as well.

I especially miss the red and orange leaves near the Smoky Mountains at this time of year. Denver just does not have the same majestic affect in autumn!

Peace,
Rachel Patterson

Dates of Interest

Check Calendar for times and places

Council:

Monday, November 18th ~ Ministry Team Night & Council Meeting

Sunday, November 17th ~ Annual Meeting of the Congregation

DISCIPLESHIP:

Wednesday, November 6th, 13th, & 20th ~ Dinner Church

FELLOWSHIP:

Sunday, November 17th ~ Annual Meeting Potluck

Thursday, November 28th ~ Thanksgiving Day Potluck

Parish Life:

Wednesday's ~ Women's Bible Study

Thursday, November 7th ~ Senior Health Program

Thursday's in November ~ Creative Expression

~ Prayer Shawl - 1st & 3rd; Creative Hands - 2nd & 4th; Peace By Piece Quilters - 4th

Worship:

Sunday, November 3rd ~ All Saints Sunday